

Using Homeopathic Remedies

By Joyce Miller

A dog owner wrote to a list I am on about how she was treating her dog who had warts with Thuja, a homeopathic remedy. She said that she was using the remedy once a week and had noticed no change.

It is important to understand that whenever you use a homeopathic remedy, like Thuja, you should use it under the direction of a homeopathic vet. There is no homeopathic remedy that our homeopathic vet would direct us to use once a week. There is no correlation between traditional medicines and homeopathic remedies, and under the homeopathic vet, we have been directed to use **one remedy one time**, and then watch for a month to see if there is any change. We tell the homeopathic vet about any changes we observe after the month, and she then decides if or what to use next. Typically, it is not the same remedy because the body balance has changed and you go to what is called for under the new circumstances.

I learned the importance of not treating homeopathic remedies like traditional medications from experience. I inadvertently did what they call proving a remedy! I had a weekend grooming seminar to attend and I had a bad sinus infection. I know just enough about homeopathy to be dangerous to myself. I did what they call the *rubrics*, and of all the remedies that came up for each and every symptom, the common one was sulphur. So I got some, and the directions on the bottle said to take several times a day (homeopathic remedies, unfortunately, are sometimes bottled and labeled like western medications). So I did as label said to do. For the entire weekend. By Monday, I was one sick puppy. On Tuesday, I was no better and went to see a homeopath, who just laughed at me: I had proven the remedy, which means, I had taken enough to make all of the symptoms it is supposed to cure actually happen to me. The cure? Wait it out. If I remember correctly, it took a week. This experience – finding out that the remedies have that kind of power – gave me a lot of respect for homeopathy.

I have been using a very talented homeopathist for almost a year for myself. I have seen marked improvements in the things I was trying to change. He gives me just one dose of one remedy about every four to six weeks; usually, I can see no change, but then, as with a troublesome spot of eczema that I had had for three or four years, the change happens (the eczema just disappeared). Homeopathy is slow; the remedies are not something that you can take one and go to work; but homeopathy seems to be pretty permanent if you use it under the guidance of a very good practitioner.

I suspect that homeopathy would work on the warts, but not overnight, not in a week, but over time. And it would work so that the system would be balanced and the warts would disappear. In my Repertory (a homeopathic guide), there are 18 entries for the term warts; each of these entries, lists anywhere from one to 50 remedies. The way the homeopath chooses the correct remedy is by asking you a lot of questions: questions about physical characteristics, emotional characteristics, and much more. The initial consult can take anywhere from one to two hours, and then each time you talk with the homeopath, more

questions are asked, more information is added to your record, new characteristics are noted, etc. Selecting the correct remedy is a trial and error thing because the correct remedy works just for one body/one being.